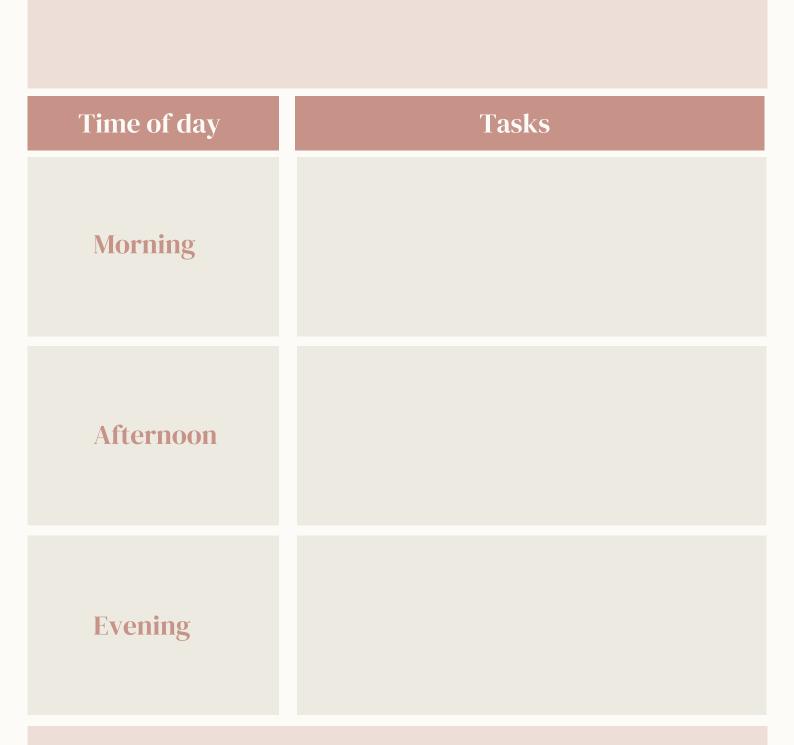
FASHION AND THE FREE

## Daily Goals What will you achieve today?





Don't forget time for self care-Eat lunch, go for a walk!